

²¹⁰Po IN DRINKING WATER, THE MCL, AND HEALTH EFFECTS OF LOW-LEVEL EXPOSURE
RALPH SEILER, PhD
RETIRED USGS¹

In 2007, numerous private drinking-water wells were discovered with more than 500 mBq/L of ²¹⁰Po at the site of a childhood leukemia cluster in Fallon Nevada. The highest activity measured, 6.6 Bq/L, is the fourth highest value reported for the US (Seiler, 2011). ²¹⁰Po in ground-water rarely exceeds ~5 mBq/L because it rapidly binds to sediment. A geochemical investigation (Seiler *et al.*, 2011) evaluated the processes responsible for its mobilization from sediments in Fallon and compared common features of ²¹⁰Po-enriched groundwater from Fallon with ²¹⁰Po-enriched wells in Finland, and Florida and Maryland in the US. In the Finnish wells radon is extremely high and ²¹⁰Po is supported by ²¹⁰Pb, suggesting that ²¹⁰Pb and ²¹⁰Po from radon decay bind to colloidal material in the water column and do not settle out. In the Nevada and Florida wells, ²¹⁰Po is mobilized from the sediments in processes involving sulfate-reducing bacteria. Sufficient ²¹⁰Po exists in typical sediments that mobilization of only 1 percent of the ²¹⁰Po present in them can yield water with >1 Bq/L.

²¹⁰Po is a Group 1 human carcinogen. In US drinking water, ²¹⁰Po is not monitored directly but rather the adjusted Gross Alpha MCL of 555 mBq/L is used. A MCL specific for ²¹⁰Po based on a risk level of 10⁻⁴ for lifetime total cancer risk would have been 41 mBq/L, and 26 mBq/L based on a risk level of 0.5x10⁻⁴ for lifetime fatal cancer risk (USEPA, 2000). Thus, the adjusted Gross Alpha MCL that now regulates ²¹⁰Po is 10-20 times greater than a MCL specific for ²¹⁰Po would have been. The adjusted Gross Alpha MCL was chosen because of the expense of direct ²¹⁰Po analyses, and because ²¹⁰Po was assumed to be extraordinarily rare in drinking water when the rule was promulgated in 2000 (USEPA, 2000). The use of the adjusted Gross Alpha MCL to regulate ²¹⁰Po has serious flaws and ²¹⁰Po may not be as rare as USEPA assumed in 2000.

Seiler and Wiemels (2012) reviewed the biological effects of low-level exposure to ²¹⁰Po in drinking water and concluded female subfertility may be one of the most significant effects of low-level ²¹⁰Po exposure. ²¹⁰Po accumulates in the ovary where it kills primary oocytes at low doses (Samuels, 1966) and Finkel *et al.* (1953) concluded the ovary may be the critical organ in determining the lowest injurious dose for ²¹⁰Po. Cells irradiated by α particles produce signals that can migrate substantial distances in tissue and cause death and chromosomal damage in un-irradiated cells. Low-level exposure to ²¹⁰Po may have subtle, long-term biological effects because of its tropism towards reproductive and embryonic and fetal tissues where a single alpha particle may kill or damage critical cells even if they are not directly targeted.

References

- Finkel MP, Norris WP, Kisioloski WE, Hirsch GM. 1953. The toxicity of polonium 210 in mice. I. The 30-day LD₅₀, retention, and distribution. *Am J Roentgenol Radium Ther Nucl Med* 10:477-485.
- Samuels LD. 1966. Effects of polonium-210 on mouse ovaries. *Int J Radiat Biol Relat Stud Phys Chem Med* 11:117-130.
- Seiler RL. 2011. ²¹⁰Po in Nevada groundwater and its relation to gross alpha radioactivity. *Ground Water* 49:160-171.
- Seiler RL, Stillings LL, Cutler N, Salonen L, Outola I. 2011. Biogeochemical factors affecting the presence of ²¹⁰Po in groundwater. *Appl Geochem* 26:526-539.
- Seiler RL and Wiemels, JL, 2012. Occurrence of ²¹⁰Po and biological effects of low-level exposure: The need for research. *Environ Health Perspect* 120(9):1230-1237.
- US Environmental Protection Agency, 2000. Radionuclides Notice of Data Availability Technical Support Document. <<http://www.epa.gov/safewater/rads/tsd.pdf>>

¹ The views and opinions presented are solely the authors and do not represent the position of the USGS or US Govt.